

**LOCAL LAWS
OF
THE CITY OF NEW YORK
FOR THE YEAR 2025**

No. 172

Introduced by Council Members Ayala, Fariás, Gutiérrez and Louis.

A LOCAL LAW

To amend the administrative code of the city of New York, in relation to an education campaign on healthy living and managing chronic diseases during and after pregnancy

Be it enacted by the Council as follows:

Section 1. Chapter 1 of title 17 of the administrative code of the city of New York is amended by adding a new section 17-199.31 to read as follows:

§ 17-199.30 Healthy living and managing chronic diseases during and after pregnancy. a. Definitions.

For purposes of this section, the following terms have the following meanings:

Chronic disease. The term “chronic disease” means a condition that lasts 1 year or more and requires ongoing medical attention or limits activities of daily living, or both, including, but not limited to, asthma, diabetes, hypertension, heart disease, kidney disease, autoimmune disorders, epilepsy, and mental health and substance use disorders.

Designated citywide languages. The term “designated citywide languages” has the same meaning as set forth in section 23-1101.

Healthcare provider. The term “healthcare provider” means an individual duly licensed or otherwise authorized to practice a health profession pursuant to applicable law, such as a physician, registered professional nurse, nurse practitioner, and physician assistant.

Neighborhood health action center. The term “neighborhood health action center” means the department’s neighborhood-specific action centers, or any similar or successor program, that aim to

reduce health inequities and improve health outcomes in the city through partnerships with community-based organizations.

Non-obstetric healthcare provider. The term “non-obstetric healthcare provider” means a healthcare provider who does not specialize in pregnancy or childbirth care.

Professional organization. The term “professional organization” means a professional organization for healthcare providers, including, but not limited to, the American college of obstetricians and gynecologists and the American board of obstetrics and gynecology.

b. The department, in partnership with professional organizations, shall develop and implement a campaign to educate the public and non-obstetric healthcare providers about healthy living and managing chronic diseases during and after pregnancy. Such campaign shall include, but need not be limited to, the following:

1. Information on healthy living during and after pregnancy, including food education and where to access healthy food options in the city; the importance of physical activity; resources on how to access affordable or free physical activities; breastfeeding and formula; where the public can access additional guidance on such topics; and any other topics the department considers relevant;

2. Information on how chronic diseases may impact individuals during and after pregnancy, including information and resources on how to mitigate the effects of chronic diseases and best practices for a healthcare provider on treating and caring for patients with chronic diseases;

3. The risks and benefits associated with common treatments and medications for patients with chronic diseases during and after pregnancy; and

4. Guidance on how to improve communication between healthcare providers and patients.

c. The department shall make available the campaign materials created pursuant to subdivision b to non-obstetric providers in the city and at neighborhood health service centers, sexual health clinics, and any other locations the department deems relevant. The department shall make such materials available upon request to relevant community-based organizations and shall make the materials available on the

department's website. The department shall make such materials available in all designated citywide languages. The department shall review and update such materials as appropriate.

§ 2. This local law takes effect 365 days after it becomes law.

THE CITY OF NEW YORK, OFFICE OF THE CITY CLERK, s.s.:

I hereby certify that the foregoing is a true copy of a local law of The City of New York, passed by the Council on October 29, 2025 and returned unsigned by the Mayor on December 1, 2025.

MICHAEL M. McSWEENEY, City Clerk, Clerk of the Council.

CERTIFICATION OF CORPORATION COUNSEL

I hereby certify that the form of the enclosed local law (Local Law No. 172 of 2025, Council Int. No. 1393-A of 2025) to be filed with the Secretary of State contains the correct text of the local law passed by the New York City Council, presented to the Mayor, and neither approved nor disapproved within thirty days thereafter.

SPENCER FISHER, Acting Corporation Counsel.